

Wednesday Enrichment Lent Term 2018



SAXMUNDHAM
FREE SCHOOL

"Providing a foundation for life"



Enrichment is an integral part of the curriculum and is one of the underpinning elements of the Trust vision for our students. We believe that enrichment can extend the range of educational experiences for our students, to broaden horizons, to help discover hidden talents, to try new things and to promote their growing love of learning. The following enrichment options will be available during the Lent Term 2017.

Duke of Edinburgh Award – Completing the Duke of Edinburgh Award is a great attainment, with a self-satisfying "I did it!" Although the award requires a lot of effort, time and dedication, it's well worth it. That feeling when you finally take off your walking boots and realise you have completed your challenge is immense. Students that have previously expressed an interest in this enrichment have already been signed up. **This is a commitment for the Lent and Trinity term. Cost = £89 in total.**

- **Commitment** - People depend on you in all areas, from turning up on your volunteering shift, to the importance of team work on your expedition.
- **Co-operation** - Working together on your expedition forms new bonds and great memories. Through volunteering, you meet many different people in a working environment, which prepares you for the working world.
- **Challenge** - Learning a new skill is both challenging and rewarding. It can also open new doors such as possible career opportunities.

Sewing Club - We will be learning different sewing techniques from repairing and alterations to sewing new items from scratch. In the last few weeks students will be designing and making their own sewing projects to show off in a final fashion show.

- **Confidence** - Present your finished projects in the final fashion show
- **Community** - Plan and run a fashion show to show off your final fashion projects to the school.
- **Challenge** - Learn a range of new sewing skills. Design and make your own fashion project.
- **Celebration** - The chance to win 1st, 2nd and 3rd place in the final fashion show.

Alice in Wonderland Performance – This enrichment runs over two terms (Michaelmas and Lent), students are already committed to this enrichment and additional students can not join, however they can be involved in the performance by joining the "Creating and Performing Music for Alice in Wonderland" enrichment choice below

- **Confidence** – Students will learn many new skills and will develop their performance skills.
- **Celebration** – Students will work towards putting on a performance of Alice in Wonderland.

Creating and Performing Music for Alice in Wonderland – Students who are able to sing or play a musical instrument will have the opportunity to create music for the school production and perform them on stage with the rest of the cast.

- **Commitment** – Students will have to meet performance deadlines.
- **Confidence** – Students will develop their performance skills.
- **Community** – Students will take part in a performance for the local community.

Sign Language – Basic sign language and fingerspelling will be taught giving the opportunity to acquire the skills necessary to communicate effectively with Deaf people. Students will also gain an insight into the barriers faced by Deaf people. **Students should not select this enrichment if they took part in it last term as it is a repeat of the course offered in the Michaelmas Term.**

- **Community** – Students will learn a new skill that can be used to communicate with deaf people in the local community.
- **Co-operation** – Students will be encouraged to communicate with each other using British Sign Language to help improve receptive and production skills.

Intermediate Swimming Course – Students will travel each week to a pool in the village of Clopton where an instructor will teach students various strokes, diving and turns. **This enrichment is only open to Year 7 & 8 students. Cost = £36 for the term (10 sessions at the pool).**

- **Commitment** – Students will need to stay committed to complete all the tasks.
- **Challenge** – There will be physically demanding activities in the pool for students to complete.

GCSE Computer Science - Join this enrichment to gain another GCSE. You must be willing to work independently and have a passion for learning. The GCSE is 20% practical (coding) and 80% theory. **This enrichment is open to Year 10 students only and will be a 2 year undertaking, only students who signed up in the Michaelmas term can take part in this enrichment choice.**

- **Commitment** – Students must stay committed to complete the curriculum to gain a GCSE.
- **Challenge** – Students will learn to programme and will have the challenge of writing effective code.

Equestrianism – Students will take part in a mix of activities and stable management subjects and will get the opportunity to take part in 3 riding sessions and 5 care sessions at Valley Farm Equestrian Centre, the other sessions will take place in school. Students would be able to tick off several points for the British Horse Society Junior Progressive Riding/Stable management tests through taking part in this enrichment activity. **Cost = £55 for the term.**

- **Commitment** – Students will have to complete various aspects of horse care and stable management.
- **Confidence** – Students will develop their confidence on and around horses.

Sports of the World – Students will take part in a variety of sports from around the world, some of which are familiar, others that will be new.

- **Challenge** – Students will have the opportunity to try sports outside their comfort zone.
- **Co-operation** - Working together in teams students will try to tactically outwit their opponents.
- **Commitment** – Students should give 100% to all the activities that are played.
- **Confidence** – Students should gain confidence in their ability in activities which are new to them.

Coding and STEM – Students will learn how to programme using code and also look at how to create a computer network.

- **Commitment** – This enrichment is a good first step to completing GCSE computer science.
- **Co-operation** – Students will work in teams to solve problems.

Song Writing – Students will have the opportunity to compose and play their own music as well as write and sing lyrics. The students will also play existing songs together as a group. The ability to play a musical instrument is a requirement to take part in this enrichment.

- **Confidence** – Students performance skills will be developed.
- **Community** – Students will have the opportunity to perform to others.

GCSE Photography – Students receive tuition on the skills needed to succeed in GCSE Photography and have opportunities to practise these skills and create pieces of work for their own portfolio. **This enrichment is open to Year 10 students only and will be a full year undertaking, only students who signed up in the Michaelmas term can take part in this enrichment choice.**

- **Challenge** – Students will have the challenge of creating images for a GCSE portfolio.
- **Commitment** – Students will develop their photographic skills to the level needed for GCSE photography.
- **Co-operation** – Students will create work individually and collectively, and give each other constructive feedback to help all to improve.

Reuse And Help The Environment - Research, design and make a range of items to help the environment and produce an information pack to raise awareness of the issues. The research, design and make tasks include reusing plastic bottles in a variety of ways, making an insect environment and a bird box.

- **Challenge** – Students will have to follow instructions to construct the items from plastic bottles.
- **Community** – Students will be involved in activities about improving the environment.
- **Co-operation** – Working together students will share research and design ideas.

From Marvel to Manga: Comic Book Club – From the atmospheric, rain-soaked streets of Gotham City or the gleaming futuristic skyline of Metropolis, to the terrifying Cyber-Punk dystopia of Ghost in the Shell, comic books have an uncanny ability to capture our imagination and introduce us to worlds and universes which are diverse and imaginative. Alongside reading and discussing your favourite comics you will create your own comic book, individually or in a small group, in whatever style or genre you choose. Because everyone's tastes are different, you will need to bring your own comics (and in some cases, your own art equipment) to this enrichment.

- **Challenge** – Students will be challenged to read a variety of reading material and to create their own.
- **Co-operation** – Students will create pieces of writing individually and collectively, and give each other constructive feedback to help all to improve.

Girls Sport and Leadership - Sporting activities targeted to an all girl group. This will include sporting fixtures against other schools in a variety of sports as well as visits to local primary schools to assist with their sporting activities.

- **Co-operation** – Students will work together in teams and small groups.
- **Confidence** - Students will develop the confidence in an activity to both represent the school and to also lead a small group of primary school children.
- **Community** – Students will have opportunities to work with local primary schools.

Look Around You! – Students will create and look after a shared, wildlife-centred space that enhances the school grounds through promoting understanding of the value of the natural world and our place in it.

- **Co-operation** – Working together students will plan and complete projects to develop a wildlife area.
- **Commitment** – Students will observe the annual growing cycle and progress over a number of seasons/years.
- **Community** – An educational space will be created by the students that also enhances the community area for engagement, relaxation and understanding.

Calming Colouring and Crafts – Students will have a chance for rest and relaxation through exploring their creative side, completing adult colouring and getting creative with other craft activities in a calm and relaxing environment.

- **Challenge** – Students will have to follow instructions to complete craft tasks.
- **Co-operation** – Working together students will share research and design ideas.

Let's Bake – Students will have a chance to bake a variety of different items and sample what they have produced as well as researching and adapting recipes. **Cost = £5 for the term (to cover cost of ingredients).**

- **Co-operation** – Students will work together in pairs.
- **Confidence** – Students will develop their skills in the kitchen.

Ukulele for Beginners – A chance to learn the Ukulele, no prior knowledge needed. Students will be taught the basics of playing the Ukulele. Ukuleles will be provided for use in school. **This enrichment is only open to Year 7, 8 & 9 students.** This enrichment activity will begin in February – until then students gaining a place on this enrichment will take part in either the 'Song writing' or 'Creating and Performing Music for Alice in Wonderland' enrichment activity.

- **Challenge** – Students will have the challenge of learning a new instrument
- **Confidence** – Students musical performance skills will be developed.

Combined Cadet Force – Students will be able to develop their leadership skills, self-confidence, self-discipline and understanding of responsibility. Cadets will work towards achieving their Basic Cadet Award, which demonstrates skills in shooting, first aid, orienteering, field craft and drill. **This enrichment is open to Year 8, 9, 10 and 11 students (must be 13 years old or over on 10/01/18). Cost = £28 for the term.**

- **Co-operation** – Students will work as a member of a team/unit to solve problems and complete challenging tasks.
- **Commitment** – Students will develop self-discipline by taking pride in their own appearance, dress and behaviour.
- **Confidence** - A range of tasks (mainly unfamiliar) will be encountered by students that require quick judgement.
- **Community** – Students will be expected to attend events and parades in the local community.
- **Challenge** - A variety of skills can be learnt by students including field craft, orienteering, first aid, shooting and drill.
- **Celebration** – Students can earn promotions by completing skill sets and showing excellent leadership qualities.

Students must select a first, second and third choice for the enrichment sessions during the Lent term and let their form tutor know these by Friday 5 January.

Name: _____

First Choice: _____

Second Choice: _____

Third Choice: _____